



Onion Lake Health Centre invites you to attend

# **TREATING TO DIABETES TARGETS IN PRIMARY CARE: MYTH, TRUTH OR IMPOSSIBLE DREAM?**

March 3rd, 2018

ROYAL HOTEL

5620 44 St, Lloydminster, AB

## **ARE YOU CHALLENGED OR FRUSTRATED BY MANAGING DIABETES IN YOUR PATIENTS?**

Then register for this intensive one-day program and join Saskatchewan's growing Circle of Care for Diabetes in First Nations people. This Program is a component of the Aboriginal Diabetes Initiative's outcomes-focused, patient-centered initiative to optimize diabetes care throughout Saskatchewan. Its goals are:

- To help assure that First Nations people receive consistent messages and high quality interventions, regardless of where they access diabetes care.
- To help providers reduce the burden of diabetes in their practices while enhancing outcomes.

### **Objectives:**

After completing this program, physicians should be able to:

- Describe the outcomes of diabetes care in First Nations people as reported in the Circle Study.
- Apply new guidelines for diabetes screening and diagnosis using both A1c and blood glucose results.
- Define the concept of "Best Weight" as it applies to the treatment of obesity in those with type 2 diabetes.
- Perform blood glucose tests on themselves and identify key areas of patient instruction to improve acceptance and performance.
- Describe the potential benefits of point of care hemoglobin A1c testing.
- Assess the relative blood glucose impact of sample meals.
- Identify the physiological defect treated by each class of anti-diabetic agent, including dosing guidelines for the initiation of therapy with each.
- Articulate an integrated treatment plan for at least three case studies, demonstrating an understanding of each patient's BG monitoring results, food choices and pharmaceutical treatment.

**Complimentary  
Registration to  
Physicians and  
Nurse Practitioners**

**This program has been  
certified by the College  
of Family Physicians of  
Canada and the  
Saskatchewan Chapter  
for up to 8 Group  
Learning credits.**

*Cert+ Program ID#:*

186873-002

## Program Topics and Schedule

	Topics
7:30am	Registration, Continental Breakfast, and Sign-In
8:00am	Improving the C.I.R.C.L.E. of Care
	Diagnosis and Prevention
	Obesity: What Has Science Revealed That Can Improve Results?
	Treatment Strategies That Fix Problems, Not Create Them
12:00pm	Working Lunch (Lunch Provided)
	Blood Glucose Monitoring and A1c Testing
1:00pm	Food: From Worst Nightmare to Powerful Tool
	How Do We Convince Our Patients? Application of Motivational Interviewing
	Pharmacological
	Case Studies: Analyzing Patient Records to Optimize Tools and Results
	Questions and Discussion
4:30pm	Adjourn

### **Faculty:**

The facilitators of this one-day program are Michelle Archer, RD, CDE and Kendra Townsend, BSP, CDE of Diabetes Training 101 Inc. in Regina, SK. Archer and Townsend are the designers and facilitators of educational programs offered within the Aboriginal Diabetes Initiative's (ADI) diabetes education initiative in Saskatchewan and deliver the highly popular 3-day Diabetes Manager University (DMU) Program to Health Care Professionals working in diabetes management. This continuing medical education program is a component of the Aboriginal Diabetes Initiative.

**TREATING TO DIABETES TARGETS IN PRIMARY CARE**



Name:

Clinic/Institution (if applicable):

Mailing Address:

Phone:

Email:

1. Please indicate your area of practice

- Primary Care
- Internal Medicine
- Endocrinology
- Other: \_\_\_\_\_

3. Comments/ Special Requests:

\_\_\_\_\_  
\_\_\_\_\_

Food Allergies or Intolerances:

\_\_\_\_\_  
\_\_\_\_\_

2. Do you work on or for a First Nation?

- No
- Sometimes (e.g. a weekly clinic on-reserve, and main office in town)
- Yes

If Yes, which one?

\_\_\_\_\_

**Registration is complimentary.**

**Lunch and materials included.**

**For more information, please call Tanya Conacher (780) 214-1074**

Please fill in this form and return to:

**Onion Lake Health Center**

Email: [tanya.conacher@onionlakehealth.org](mailto:tanya.conacher@onionlakehealth.org) or fax (306) 344- 2439

Registration is limited to 20 participants. Registrations will be accepted until the course is full.

**DEADLINE TO APPLY: Feb.15/18**

**Travel costs will NOT be covered.**